



Dividend Charity Donation Program

Meet our Dividend Charity Donation Program partners today:



This year, 1,000 people will be newly diagnosed with dementia each week, with the total number of sufferers exceeding 200,000*. This illness will have a serious impact on over 1 million people - who are the family, friends and carers in our communities. In fact, dementia affects everyone, with the real cost to the community estimated at \$5.6 billion in 2002.

Alzheimer's Australia is the Peak National Body for people living with dementia, their families and carers. Support Alzheimer's Australia and help us work towards the prevention of dementia while ensuring quality dementia care today, tomorrow and for future generations.

*Access Economics Report, 2005

For more information visit:

www.alzheimers.org.au (internet access required)



amnesty international australia

Amnesty International is a worldwide movement of people who campaign for internationally recognised human rights to be respected and protected. Our vision is of a world in which every person enjoys all of the human rights enshrined in the Universal Declaration of Human Rights and other international human rights standards.

Amnesty International's mission is to undertake research and action focused on preventing and ending grave abuses of the rights to physical and mental integrity, freedom of conscience and expression, and freedom from discrimination, within the context of its work to promote all human rights.

Amnesty International's strength lies in its independence from any government, political ideology, economic interest or religion. It does not support or oppose any government or political system, nor does it support or oppose the views of the victims whose rights it seeks to protect. It is concerned solely with the impartial protection of human rights.

Amnesty International has more than 1.8 million supporters in over 150 countries and territories in every region of the world, Amnesty International is funded largely by its worldwide membership and public donations. No funds are sought or accepted from governments for our work investigating and campaigning against human rights violations.

Do you believe in fundamental human rights? If so, we urge you to act now and join us.

For more information visit:

www.amnesty.org.au (internet access required)



Every day, intensive care doctors and nurses work with skill and dedication to save the lives of people in desperate situations resulting from traumatic brain injury, failure of vital organs, disease, severe infections, burns, transplants or other major traumatic events and accidents.

Intensive Care Foundation is dedicated to improving the care of critically ill patients by raising funds for clinical research projects and the education of health professionals responsible for intensive care. Research focuses on improving our understanding and treatment of four critical areas: lung injury, brain injury, sepsis and prevention of critical illness in hospitalised patients.

Every dollar donated to the Intensive Care Foundation goes directly towards funding vital intensive care research.

For more information visit:

www.intensivecareappeal.com (*internet access required*)



Every year Berry Street Victoria works with over 5,000 of the most vulnerable and disadvantaged children, young people and families across Victoria, with the aim of supporting them and building on their strengths - to help them build a better future.

Berry Street Victoria has been protecting children and strengthening families since 1877. We never give up and are here for the long haul. Support Berry Street Victoria and help us increase life chances and choices for children and young people who are at risk.

For more information visit:

www.berrystreet.org.au (*internet access required*) Around one million adults and 100,000 young people in Australia live with depression each year. On average, one in five people will experience depression at some point in their lives (one in four females and one in six males).



beyondblue is an independent, bipartisan initiative, supported by the Australian, state and territory governments, with the key goals of raising community awareness about depression and reducing the stigma associated with the illness.

beyondblue's five priorities:

Increasing community awareness of depression, anxiety and related substance use disorders and addressing the associated stigma.

Providing people living with depression and their carers with information on the illness and effective treatment options, and giving voice to their experiences.

Developing depression prevention and early intervention programs.

Improving depression education, training and support for GPs and other healthcare professionals.

Initiating and supporting depression-related research.

For more information visit:

www.beyondblue.org.au (*internet access required*)



**Brotherhood
of St Laurence**

Working for an Australia free of poverty

Do you remember, as a child, the pain of missing out? Not being picked for the team, being too young to go, missing your turn, or simply going without? Imagine facing that feeling everyday of your life - always feeling left out, always missing out.

Many disadvantaged Australians experience the feeling of missing out every day. They miss out on education and training, job opportunities, and affordable housing. Sadly, some miss out all their lives, only to then miss out on proper aged care as they get older. It is not surprising that many eventually 'go missing' from society – losing hope, opting out, and accepting their exclusion.

The Brotherhood offers people life-changing opportunities, through a range of programs that provide real and lasting solutions. Your support will enable us to continue our vital work, plan for the future, and ultimately stop more Australians from missing out.

For more information visit:

www.bsl.org.au (*internet access required*)



CanTeen is a national peer support organisation for young Australians aged between 12 & 24 who are living with cancer. CanTeen's young people (Members) are cancer patients (Patient Members), brothers or sisters of cancer patients (Sibling Members) or young people with parents or primary carers with cancer (Offspring Members).

CanTeen provides Members with a place where they can simply be young people - away from the environment of cancer hospitals and treatment regimes. Through its camps and programs, CanTeen encourages its Members to get involved, make friends and have fun!

Support CanTeen and help put a smile on the face of young people facing a cancer diagnosis.

For more information visit:

www.canteen.org.au (*internet access required*)



Comic Relief Australia is Comedy for a cause! We use comedy and laughter to get serious messages across and to raise funds to help end poverty and social injustice in Australia and some of the poorest countries in the world.

At Comic Relief Australia we're committed to supporting long-term projects, helping people to help themselves. We also aim to tackle the root causes of poverty both here and overseas.

We do this by:

- Raising money from the general public
- Allocating the funds we raise in a responsible and effective way to a wide range of charities which we select after careful research.
- Ensuring that our fundraising costs are covered by sponsorship in cash or in kind so that every cent raised by you goes to charity.
- Education about the root causes of poverty and the reasons for social injustice.
- Funds raised in are distributed through Volunteering Australia and Oxfam Australia.

Laughing really matters when every dollar given by the general public goes directly to fund the alleviation of poverty, suffering and the disadvantaged.

For more information visit:

www.comicrelief.org.au (*internet access required*) Over one million Australians have diabetes and half of them don't know it yet – could you be one of these people? Hopefully the answer is 'no', as there is currently no cure for diabetes.



Diabetes Australia Research Trust (DART), established by Diabetes Australia in 1987, supports research throughout Australia by providing over 50 grants annually to researchers. Since it began, DART has provided over \$15 million in grants and fellowships to Australian researchers. To ensure that the most worthy projects are funded each year, the expert DART panel carefully selects those to receive grants after exhaustive peer review and investigation.

Help us find a cure for diabetes by enabling us to fund as many appropriate research applications as possible.

For more information visit:

www.diabetesaustralia.com.au (*internet access required*)



Foodbank An Australia Without Hunger

Have you ever missed a meal? Remember the associated feelings of lost concentration, dizziness and hunger pains? Sadly, there are many people in our community who can't afford to eat regularly. In many cases, it is not only these people, but also their children who are missing out.

Foodbank Australia is a national, non-profit, food relief organisation (the largest in Australia), which collects food industry surplus and donations and distributes them to welfare agencies which feed people who don't have enough to eat.

Last year Foodbank distributed over 9 million kilograms of food, donated by 25 major food companies (including Arnott's, Berri, Cadbury Schweppes, Coca-Cola, Coles, Goodman Fielder, MasterFoods, Nestle, Simplot, Unilever, Woolworths), and hundreds of smaller companies.

1500 welfare agencies collected these donations (from Foodbank warehouses in Perth, Adelaide, Melbourne, Sydney, Brisbane, Albany, Bunbury, Geraldton, Mandurah, Mt Gambier, Dandenong and Townsville), and turned them into 10 million meals which fed 30,000 people a day, more than half of them children.

For more information visit:

www.foodbank.com.au (*internet access required*)



Australia faces extensive natural resource management challenges. Greening Australia is committed to the development of whole of landscape solutions to complex environmental issues. We adopt a partnership model working with landholders, the community, government and business to tackle environmental degradation in a practical, apolitical, scientific way. With a network of over 300 staff in 80 locations across the continent, Greening Australia lives and works with people from remote, regional and metropolitan communities.

As Australia's premier advisers on biodiversity management, Greening Australia is passionate about protecting and restoring the health, diversity and productivity of our unique landscapes. We tackle critical issues like salinity, declining water quality, soil degradation, climate change and biodiversity loss through an innovative blend of practical experience, science, community engagement and commitment.

We believe in partnerships that are truly changing lives, by inspiring people to deliver solutions to complex environmental problems, and changing landscapes by bringing life and productivity to Australia's landscapes and waterways.

For more information visit:

www.greeningaustralia.org.au (*internet access required*)



* Building Homes * Building Community * Building Hope

Habitat for Humanity builds simple, decent, affordable houses in partnership with families in need. Through donations of money and materials, and the use of volunteer labour under trained supervision, Habitat builds and renovates homes with the help of the home owner (partner) families.

Home owners are required to invest 500 hours of their own 'sweat equity' labour into building their home or other Habitat projects. Their monthly repayments are used to build more Habitat homes. This way, the benefits of contributions are ongoing and will help many other families obtain affordable housing in years to come.

Since 1976, Habitat has built more than 200,000 houses in 100 countries. Habitat houses are sold to partner families at less than market value, financed with affordable, no-interest loans.

For more information visit:

www.habitat.org.au (*internet access required*)



HOWARD FLOREY INSTITUTE

Every year, more than three million Australians experience one or more episodes of major brain disorder.

At the Howard Florey Institute, internationally renowned scientists work together with talented young researchers to make discoveries about the brain. Our scientists undertake clinical and applied research that can be developed into treatments to combat brain disorders, and into new medical practices. Their discoveries will improve the lives of those directly, and indirectly, affected by brain and mind disorders in Australia, and around the world.

Some areas in which our scientists work include:

- Parkinson's disease
- Stroke
- Traumatic brain and spinal cord injury
- Addiction
- Epilepsy
- Multiple sclerosis
- Brain function in gifted children
- Dementia
- Schizophrenia
- Muscular dystrophy
- Autism
- Attention Deficit Hyperactivity Disorder

For more information visit:

www.hfi.unimelb.edu.au (*internet access required*)



Each week across Australia over 12,000 kids try to get through to Kids Help Line. However counsellors answer only 6000 calls and emails each week – often regarding very serious issues. Every day we refer a child to an emergency service to deal with a serious issue like child abuse or self harm. Four times each day our counsellors speak with children and young people having suicidal thoughts. Left unanswered, the repercussions could be tragic.

Kids Help Line is Australia's only free, 24 hour, confidential and anonymous telephone and on-line counselling service for 5 – 18 year olds. Since March 1991 we have been listening to young Australians about a wide range of issues, both big and small, from everyday topics such as family, friends and school to more serious issues of child abuse, bullying, mental health, drug and alcohol use, homelessness and suicide. Your support will help us respond to the thousands of cries for help that go unanswered each week.

For more information visit:

www.kidshelp.com.au (*internet access required*)



For over 40 years Lifeline has provided troubled Australians with a 24-hour telephone counselling service. Lifeline is available for anyone, at anytime and from anywhere in Australia for the cost of a local call (13 11 14). Lifeline operates in 60 locations throughout Australia, and receives more than 1,200 calls each day. Half of Lifeline's Centres are in rural, regional or isolated communities.

The 10,000 volunteers who help run Lifeline Centres provide a wide range of services based on the needs of the local community. Lifeline assists people in need with difficulties like depression, anxiety and hopelessness which often lead to relationship breakdowns, addictive behaviours, drug and alcohol abuse, financial problems and sometimes suicidal behaviour.

For more information visit:

www.lifeline.org.au (*internet access required*)



The McGuinness McDermott Foundation was launched in 1996 by Adelaide Football club players Tony McGuinness and Chris McDermott. Through football, Tony and Chris met Nathan and Nicholas - two young boys struggling with cancer.

Tony and Chris were so touched by the boys' lives, brave struggles and deaths that they felt compelled to do something to help children treading this path. The Foundation was launched in memory of Nicholas and Nathan with a view of improving all areas of oncology treatment facilities for children in South Australia.

For more information visit:

www.mcfoundation.org.au (*internet access required*)



The National Breast Cancer Foundation is Australia's leading independent, not-for-profit community organisation supporting and promoting high quality research into the prevention, detection and treatment of breast cancer. Funds are directed to what the organisation considers to be the best research in Australia. The NBCF is dedicated to progressing public knowledge about breast cancer and ways to improve support for women and their families.

For more information visit:

www.nbcf.org.au (*internet access required*)



Heart, stroke and blood vessel disease is the major cause of death in Australia for men and women – in fact; it kills around five times more woman than breast cancer. The Heart Foundation is Australia's leading national heart health charity. Since 1959, we have raised more than \$160 million for research into heart disease. We also fund community education and programs such as our Tick Food Information Program that helps consumers make healthier food choices, and Jump Rope for Heart, our physical activity program for school students.

Thanks to the Heart Foundation much has been learnt about heart disease, but there is so much more to discover - around 40% of deaths from heart disease are still unexplained. By supporting the Heart Foundation, you can help us discover more about heart disease and hopefully prevent more lives from being lost.

For more information visit:

www.heartfoundation.com.au (*internet access required*)



Often the biggest barrier between teenagers and their goals is a lack of self-belief and support. To encourage this essential self-confidence, Reach runs workshops, weekends away and large-scale events for 40,000 teenagers every year. We believe every young person has something special to offer that is often hidden behind fear, anger or hurt.

Research shows that Reach helps teenagers to improve their self-esteem and take greater control over their lives. Your donation to Reach will make a real difference to a young Australian's future; helping continue innovative and in-demand programs.

For more information visit:

www.reach.org.au (*internet access required*)



For most of us, Australia really is a lucky country. But there is one unacceptable fact that can't be ignored: Indigenous Australians die 17 years earlier than non-Indigenous Australians. Is there anything we can do about this alarming situation? Reconciliation Australia believes there is.

Reconciliation Australia is a non-government, not-for-profit organisation dedicated to closing the glaring gap in life expectancy between Indigenous and non-Indigenous children.

All the work Reconciliation Australia does with its partners, including support for Indigenous leadership and economic independence, promoting what works in Indigenous education, and projects that encourage youth participation, is aimed at one thing – narrowing that gap.

If you think it's unacceptable that the life of an Indigenous child is likely to end 17 years earlier than a non-Indigenous child, please make a contribution to Reconciliation Australia now.

For more information visit:

www.reconciliation.org.au (*internet access required*)



The Royal Flying Doctor Service of Australia (RFDS) is a not-for-profit charitable organisation providing aeromedical emergency and primary health care services to people who live, work and travel in regional and remote Australia.

RFDS has a fleet of 50 aircraft, each costing about \$7M, which it uses across Australia to care for approximately 250,000 patients each year.

Your support will contribute to purchasing new aircraft and essential life saving equipment to allow the skilled pilots, healthcare, engineering and other professionals to deliver care to those in need.

For more information visit:

www.flyingdoctor.net (*internet access required*) Australia's peak animal welfare organisation, the RSPCA is a not-for-profit charity that is firmly based in the community and depends on the support of individuals, businesses and organisations to continue its vital work.



The RSPCA is concerned with native, exotic and farm animals as well as domestic pets, and is most widely recognised for its work in preventing cruelty to animals by actively promoting their care and protection through national campaigns, public education programs, proposing changes to legislation and operating animal shelters and veterinary clinics throughout the country.

Your support will help the RSPCA look after around 135,000 lost, abandoned or injured animals that it receives from the community each year, and investigate more than 46,000 animal cruelty complaints.

For more information visit:

www.rspca.org.au (*internet access required*)



Starlight provides positive distraction and entertainment in and out of hospital for seriously, chronically or terminally ill children. Starlight brings the family together; giving back some of the laughter and happiness a serious illness takes away, using fun and entertainment as a positive distraction to pain, stress and treatment.

Starlight's programs include Starlight Express Rooms, featuring the wonderful Captain Starlight; Starlight Fun Centres; Starlight Express Vans; Starlight Escapes and Starlight Wishgranting.

Currently, Starlight's programs reach around 200,000 seriously ill children and their families. Your support will help us to brighten the lives of many more.

For more information visit:

www.starlight.org.au (*internet access required*) The Benevolent Society has been pioneering social change for nearly 200 years. As Australia's oldest charity we have a proud tradition of working to support those in need, taking bold action on the social issues of the day.



the benevolent society

initiating change

Our vision is to build strong, healthy communities by supporting those who are disadvantaged and vulnerable: children at risk of abuse, women experiencing domestic violence, people with disabilities and their carers who need support, and frail, elderly people living with dementia.

We also run leadership programs to start change at community level. There is no easy fix to complex social issues and change doesn't happen overnight. Our work is long-term, providing individual support to our clients where and how they need it most.

We believe that building stronger communities is the best way to reduce social isolation and economic disadvantage. Your support will help us to change lives.

For more information visit:

www.bensoc.org.au (*internet access required*)



Cancer is still the leading cause of death in Australia - over 36,000 people die from cancer each year. 1 in 3 men and 1 in 4 women will be directly affected by cancer before the age of 75.

The Cancer Council Australia's goal is to lead the development and promotion of national cancer control policy in Australia, in order to prevent cancer and reduce the illness, disability and death caused by cancer.

It acts nationally to advise government and other bodies on appropriate practice and policies for the prevention, detection and treatment of cancer and is an advocate for the rights of cancer patients to best treatment and supportive care.

Support the Cancer Council Australia and help us win the fight against cancer!

For more information visit:

www.cancer.org.au (*internet access required*)



everyone's family

One in seven Australian children currently live in jobless households, and are at serious risk of falling into a lifetime of disadvantage.

The Smith Family is a national independent organisation that seeks to use practical, effective programs to help families break the cycle of poverty. Through education, we aim to help disadvantaged children and families to help themselves. To this end, The Smith Family will this year give more than 40,000 disadvantaged children and teenagers in more than 70 communities, financial and personal support so they can get the most from their education and life.

The Smith Family's Learning for Life scholarships help pay for things many kids take for granted, such as books, excursions and uniforms, taking the pressure off families who are finding it difficult to make ends meet. Learning for Life also provides access to reading assistance, homework clubs, computer clubs and mentoring.

Funds donated through Community Giving will help many more Australian children get a better start in life, ensuring financial disadvantage doesn't prevent them from reaching their full potential.

For more information visit:

www.smithfamily.com.au (*internet access required*)



Over 10,000,000 children every year (a staggering 30,000 children a day) will die of causes that are either preventable or can be easily cured. Two thirds will be born to parents who have less than \$3 a day to live on. Many will be born into families who have been forced to leave their homes or countries because of war, violence or oppression.

World Vision is Australia's largest international aid organisation and is dedicated to improving the lives of children, families and communities living in poverty. As well as providing relief in emergency situations, World Vision works on long-term development projects that address the causes of poverty and help communities to achieve self-sufficiency. In 2005, World Vision helped over 100,000,000 people living in poverty in 96 countries including here in Australia. Over 11,000,000 were supported directly by World Vision Australia.

World Vision stands for freedom, peace, justice and opportunity - for everyone in the world. By supporting World Vision, you can help to eradicate world poverty and make a real difference.

For more information visit:

www.worldvision.com.au (*internet access required*)

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